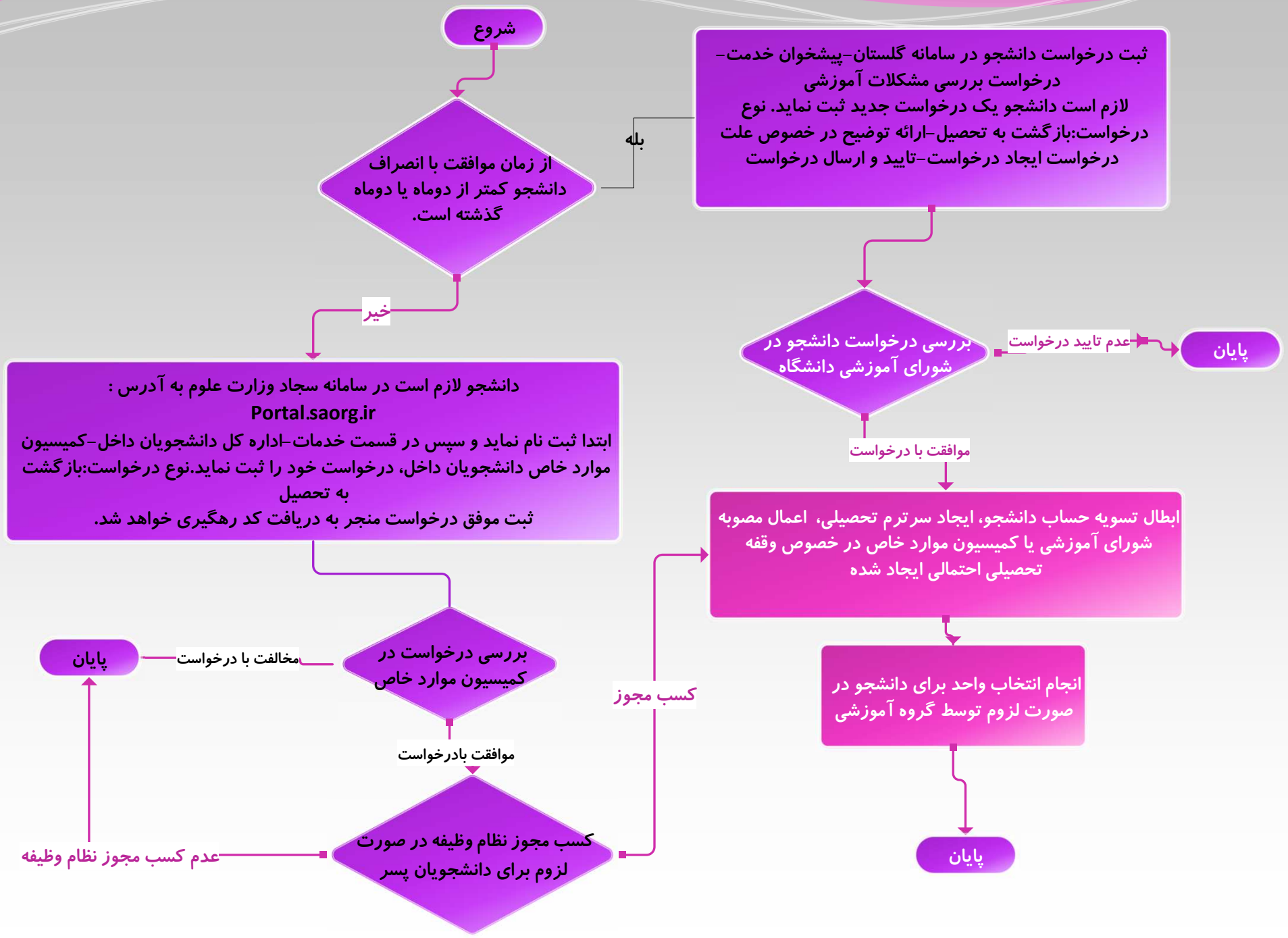فرآیند بازگشت به تحصیل